

RESURRECTION LIFE 4
22 APRIL 2018
GROUP NOTES

WELCOME

- What has been positive about the past week? Any good news? What are you thankful for? Have you got a testimony of what God has done?

WORD

7 Habits that will strangle the life out of you.

1 Neglecting your quiet time. Mark 1:35 “And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed.”

- Why is it important that we have a regular time of Bible reading and prayer?
- Are you satisfied with the quantity and quality of your quiet time? Why?

2 Selfishness. Phil 2:3 “Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves.”

- What can you practically do to help you count others more significant than yourself?

3 Unbelief. Heb 11:6 “And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him.”

- Do you struggle applying your faith in some situations? How can you improve?

4 Discontent. Ephesians 5:20 “...giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ...”

- What are the easy things to be thankful for?
- What are the difficult things to be thankful for?

5 Compromise with sin. Acts 3:19 “Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.”

- Do you struggle with a specific sin? How will you gain victory over it?

6 Pride. 1 Pet 5:5 “God opposes the proud but gives grace to the humble.”

- Investigate your own heart for 1 minute. Ask God to show you if there is any pride.

7 Unforgiveness. Matt 6:14&15 “For if you forgive others their trespasses, your heavenly Father will also forgive you, 15 but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.”

- Do you need to forgive someone? How about now?

OPSTANDINGSLEWE
22 APRIL 2018
GROEP NOTAS

WELKOM

- *Wat was positief van die afgelope week? Enige goeie nuus? Waarvoor is jy dankbaar? Het jy 'n getuigenis van iets wat God gedoen het?*

WOORD

7 Gewoontes wat die lewe uit jou sal wurg.

1 Die afskeep van jou stiltetyd. Markus 1:35 *“Die môre vroeg, toe dit nog nag was, het Hy opgestaan en buitentoe gegaan na 'n eensame plek en daar gebid.”*

- *Hoekom is dit belangrik dat ons gereeld Bybellees en bid?*
- *Is jy tevrede met die hoeveelheid tyd en kwaliteit tyd wat in in jou stiltetyd spandeer? Hoekom?*

2 Selfsug. Fil 2:3 *“Moet niks uit selfsug of eersug doen nie, maar in nederigheid moet die een die ander hoër ag as homself.”*

- *Wat kan jy prakties doen om ander mense bo jouself te stel?*

3 Ongeloof. Heb 11:6 *“As 'n mens nie glo nie, is dit onmoontlik om te doen wat God wil. Wie tot God nader, moet glo dat Hy bestaan en dat Hy dié wat Hom soek, beloon.”*

- *Sukkel jy soms om jou geloof toe te pas in sekere situasies? Hoe kan jy verbeter?*

4 Ondankbaarheid. Ef 5:20 *“Dank God die Vader altyd oor alles in die Naam van ons Here Jesus Christus.”*

- *Watter dinge is vir jou maklik en moeilik om dankbaarheid te betoon?*

5 Sonde. Hand 3:19-20 *“Daarom, bekeer julle en kom tot inkeer. Dan sal God julle sondes uitwis.” 20 En dan sal daar tye van verkwikking van die Here af kom...”*

- *Sukkel jy soms met 'n spesifieke sonde? Hoe gaan jy dit oorwin?*

6 Trots. Spreuke 16:18 *“Op hoogmoed volg ondergang, op selfverheffing volg die val.”*

- *Ondersoek jou hart vir 1 minuut. Vra vir God om vir jou te wys of daar hoogmoed is.*

7 Onvergewensgesindheid. Matt 6:14&15 *“As julle ander mense hulle oortredings vergewe, sal julle hemelse Vader julle ook vergewe. 15 Maar as julle ander mense nie vergewe nie, sal julle Vader julle ook nie julle oortredings vergewe nie.”*

- *Het jy nodig om iemand te vergewe? Wat van nou?*