

**MY FAVOURITES**  
**2 SEP 2018**  
**GROUP NOTES**

**WELCOME**

- What has been positive about the past week? Any good news? What are you thankful for? Have you got a testimony of what God has done?

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- Read the following Scripture slowly – three times.

*Isaiah 41:10*

*Fear not, for I am with you;*

*be not dismayed, for I am your God;*

*I will strengthen you, I will help you,*

*I will uphold you with my righteous right hand.*

- Have you ever been scared? Tell us about it...
  - Has anyone ever helped you with something in a big way?
  - Have you ever felt dismayed or in despair? When?
  - Has God ever helped you with something?
  - What difference does it make, do you think, when God is with us?
  - What is your greatest fear?
  - How does God's presence influence that fear?
  - How do you think God "strengthens" and "help" us?
  - If you could choose one issue or area in your life to be touched by the "hand of God" – what will it be? Why?
- Pray for each other, friends, family and the unsaved.