

## **WELCOME**

- What has been positive about the past week? Any good news? What are you thankful for? Have you got a testimony of what God has done?

## **WORD**

### **How does the Spirit help us?**

Johannes 14:16-17

Ek sal die Vader vra, en Hy sal vir julle 'n ander **Voorspraak** stuur om vir ewig by julle te wees, 17 naamlik die Gees van die waarheid. Die wêreld kan Hom nie ontvang nie, omdat hulle Hom nie sien en Hom nie ken nie. Maar julle ken Hom, omdat Hy by julle bly en in julle sal wees.

John 14:16-17

And I will ask the Father, and he will give you another **advocate** to help you and be with you forever— 17 the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you.

❖ Advocate (Greek – *Parakletos*): “Legal assistant. Someone who pleads on your behalf.”

- Have you ever been in need of good advice in a situation? What did you do?
- Has anyone ever dealt with a situation on your behalf? How did that make you feel?

❖ The Holy Spirit counsels us through (1)The Bible. (2)A prompting in your heart/thoughts. (3)Godly people / leaders / friends.

- Can you think of 3 different situations when The Spirit lead you in each of these ways?

Romeine 8:15-16

Die Gees wat aan julle gegee is, maak julle nie tot slawe nie en laat julle nie weer in vrees lewe nie; nee, julle het die Gees ontvang wat julle tot kinders van God maak en wat ons tot God laat roep: “Abba!” Dit beteken Vader. 16 Hierdie Gees getuig saam met ons gees dat ons kinders van God is.

Romans 8:15-16

The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba, Father.” 16 The Spirit himself testifies with our spirit that we are God’s children.

- Do you sometimes feel like a slave, living in fear? What do you feel enslaved by and what is your greatest fear?

❖ The Holy Spirit sets us free from slavery and fear and helps us to experience God as our Father.

- What do you think is the role God the Father wants to play in your life and what are the benefits thereof?

❖ The Holy Spirit is our advocate, legal assistant, counsellor, spirit of sonship & Helper.

- How does that make you feel and what difference can it make to the way you go through life?

- Let’s open our hearts and lives to the work of the Holy Spirit over the next few weeks as we learn about Him.
- **Prayer time:** Pray for each other, your families and friends.