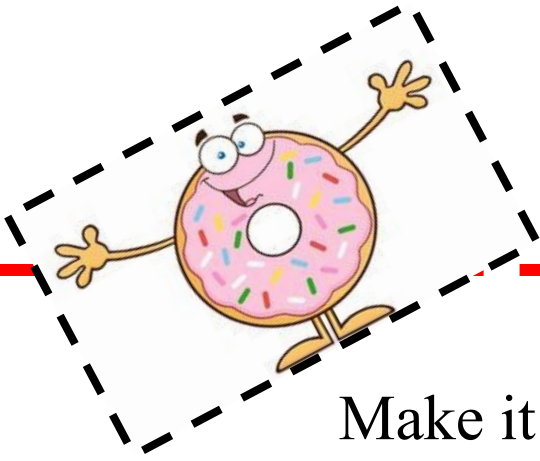


Kids Connect Grade 1-5  
Healthy Heart Habits / Lesson 3  
Habit #3 : Grateful Heart  
Bible Passage: Luke 17:11-19



Make it your



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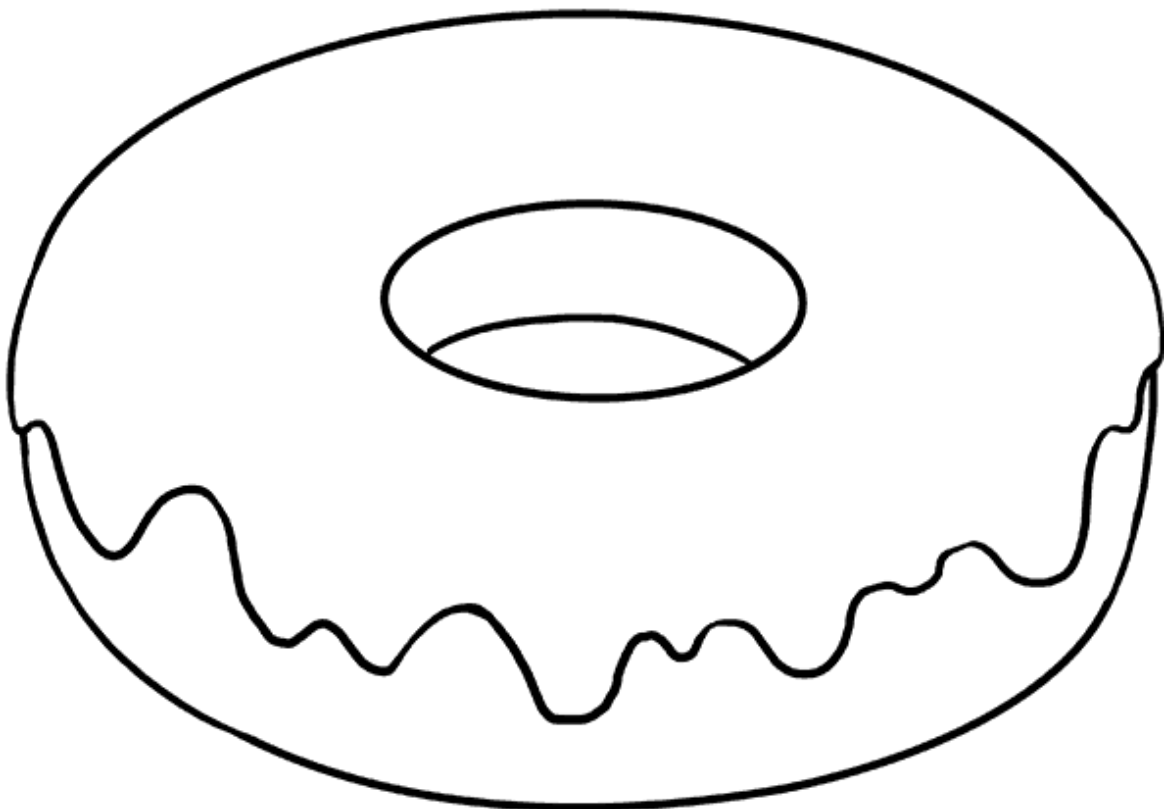
goal

Look for the



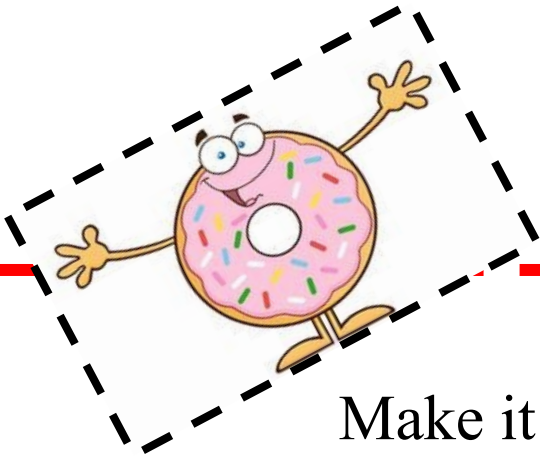
And not the hole!

Write the Words: People , Places and Things on your donut below and then practice thankfulness.  
Try to say something under each word that you can be thankful for and see if you can complete  
10 rounds !!!!



**Ps 9:1 I will give thanks to the Lord with my whole heart;  
I will recount all of your wonderful deeds**

Kids Connect Graad 1-5  
Gesonde Hart Gewoontes / Les 3  
Gewoonte #3 : Dankbare Hart  
Bybel gedeelte: Lukas 17:11-19



Make it your



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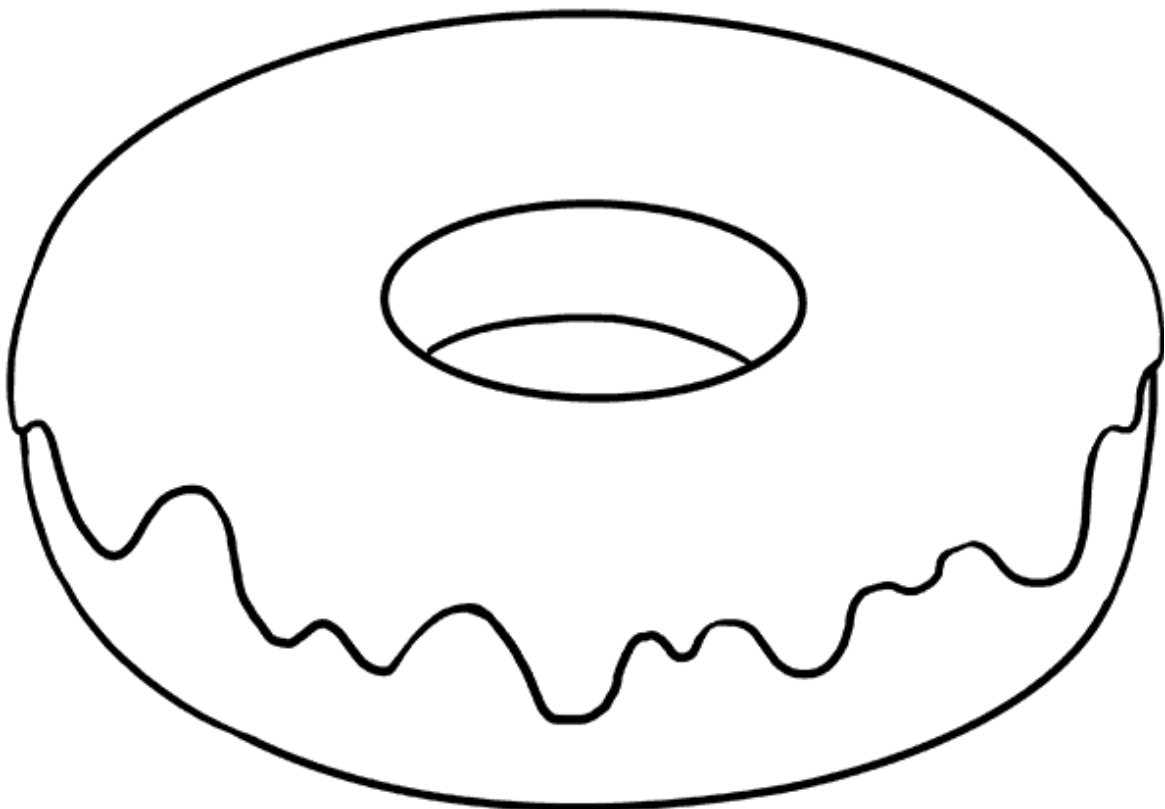
goal

Look for the



And not the hole!

Skryf die woorde: Mense, Plekke en Dinge op jou 'donut' hieronder. Oefen nou om dankbaar te wees deur elke keer iets te noem onder elke naam. Kyk of jy **10 keer** in die rondte kan gaan.



**Ps 9:2** Ek wil die HERE loof met my hele hart; ek wil al u wonders vertel.



## Make it your heart's goal Look for the donut and not the hole!

Read the story of the 10 lepers in Luke 17

Why do you think only 1 came back?

Have you been so happy at getting something that you forgot to say thank you to the person giving it to you? Explain

Read 1 Thess 5: 16-18 What is God's will for you according to the bible?

Can you think of someone who is always very thankful? Explain

How can you be more thankful this week?

Write a thank you note to God. If you get stuck remember the donut ring: thank Him for People, Places and things in your life!

