

## Group notes

**Theme: Guard your heart**

**Sunday 26 July 2020**

Up: What was positive about the past week? Any good news? Any answered prayers? What did God do?

In: Listen to the sermon audio / YouTube sermon.  
Read the Scriptures below and discuss the questions.

Proverbs 4:23 (NIV)

Above all else, guard your heart, for everything you do flows from it.

- Explain what you think the symbolic meaning of “the heart” is in the Bible.

Colossians 3:13

“...as the Lord has forgiven you, so you also must forgive.”

- What do you think will be the effect on your life when you do not forgive people?

1 Thessalonians 5:18

“...give thanks in all circumstances; for this is the will of God in Christ Jesus for you.”

- Describe your current circumstances. What are you thankful for?

Hebrews 3:8

“...do not harden your hearts as in the rebellion, on the day of testing in the wilderness...”

- Have you ever felt “tested” by God? How did it influence your attitude towards God?

Ezekiel 36:26

And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh.

- Towards which “issues” in life do you have a tender heart? Do you experience a hardened heart towards certain issues?

Psalm 16:11

“You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.”

- Describe what you think the difference is between worldly joy and Godly joy.

Out: Pray for each other. Pray for unsaved friends and family.