

Phil2:5 You must have the same attitude as that of Christ Jesus
 Fil 2:5 Dieselfde gesindheid moet in julle wees wat daar ook in Christus Jesus was:



CHAT TIME

- How does it feel to be around someone who is always “busy busy”?
- When do feel like you have that kind of an attitude?
- Do you know someone who seems to always do their work, and still seem to have time to do fun things too? Discuss
- Read Eccl 3: 1 For everything there is a season, a time for ever matter under heaven (a time for every activity under heaven)
- Prediker 3: 1
 Alles het sy bepaalde uur, en vir elke saak onder die hemel is daar n tyd

CHECK YOUR ATTITUDE / TIME

To have a “ THERE IS A TIME FOR EVERYTHING” attitude we need to make sure that we give most of our activities a **set time** and then to **stick to it**. If we do not, we end up grumpy and upset because we are doing things that should not be done at the same time!

1. Set a time every day to spend time with JESUS: _____
2. What are some chores/ responsibilities that you tend to ignore and end up with a “busy busy” attitude? Set times for them and stick to it.

“Busy Busy” - things

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-
-
-



Rewrite the stuff that make you feel “ Busy busy” and set a time for it and stick to it:

Time	Activity	Done

Let's Chat:

1. When is it easy to have a " busy busy attitude? (Wanneer is dit maklik om n "besig besig" houding te hê?)
2. Do you stick to the times that you have to do things example homework—discuss?
(Hou jy by die tyd wat jy gegee word om iets te doen bv huiswerk—verduidelik?)

Attitude : Feelings + thoughts about something / someone = leads to actions
Gesindheid: Gevoelens + gedagtes oor iets of iemand = lei tot aksies

3. Wat het jy vandag geleer oor hoe Jesus dink oor " elke ding het sy tyd?"
What did you learn today about how Jesus demonstrated that " there is a time for everything?"



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Check your attitude: " a time for everything"

TUNE YOUR ATTITUDE:

- Busy Busy vs there is a time for everything
- Besig Besig vs daar is 'n tyd vir elke ding



Let's TUNE our attitudes by changing our habits

Think of 3 things you do when it is not really the time to do it. Write it down and choose a better time for it. STICK to it. / Dink aan 3 dinge wat jy gewoonlik doen wanneer dit nie regtig die tyd vir dit is nie. Skryf dit neer en kies 'n beter tyd daarvoor. HOU BY DIE TYD.



Remember: Your attitude is not like a ROCK!
We can change it! Match yours to JESUS!

Onthou: Jou gesindheid is nie soos 'n klip nie!
Ons kan dit verander! Pas jou gesindheid aan om soos JESUS te wees.