

## Group notes

Date: 22-03-2020

Topic: Kingdom mindset

**UP:** What has been positive about the past week? Any good news? What are you thankful for? Have you got a testimony of what God has done?

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### **IN:**

Philippians 4:6-7

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

- Why do you think God does not want us to be anxious? What could the effect of anxiety be on your life?
- How would you describe a person that has the peace of God?

Isaiah 26:3

You will keep in perfect peace all who trust in You, whose thoughts are fixed on you.

- What difference does it make during difficult times, when we fix our thoughts on Jesus?

Read Psalm 23

- What can we learn from David's attitude?
- How does Psalm 23 influence your attitude concerning the Coronavirus?

2 Corinthians 1:3-4

"Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God."

- We all could use some comfort during difficult and uncertain times. Why do you think it is important for us to turn to God for comfort?
- In what way can we comfort those around us?

Isaiah 41:10

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

- In your opinion, what can we do to guard our hearts against fear?
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### **OUT:**

- Pray for each other, friends and family.
- Pray for the unsaved. Pray for our nation.